

Saturday, November 4th

Registration 9 a.m.

Race Start Time 10 a.m.

Location: Mahoning Shadow Trail/
Punxsutawney Little League Fields, 120 Maple
Ave, Punxsy PA 15767

Registration Fee: \$20 before 10/16/23
\$25 after 10/16/23 including day of registration.

The Top 3 Overall Finishers Male and Female will be awarded prizes. The top 3 overall winners are not eligible for age group awards. Age category prizes will be awarded in each age category for the 3 top male and female finishers in their age group.

Age Categories: 14 and Under 15- 19 20-29
30-39 40-49 50-59 60-69 70+



Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Email Address: _____

Race Selection: ___ 5k ___ 10k Gender: ___ Male ___ Female

DOB: _____ Age as of 11/4/23: _____

Adult Shirt Size: ___ Small ___ Medium ___ Large ___ XL ___ 2XL ___ 3XL

Youth Shirt Size: ___ Small ___ Medium ___ Large ___ Extra Large

Race Waiver (MUST be signed by all youth runners' parent/guardian): I, for my heirs, executors, and myself, do hereby release all race sponsors and contributors from any and all liability resulting in injury or death from my participation in this event. I understand the implication of competing in the event and certify that I am physically prepared to cover this distance. I will not hold the Punxsutawney Area Hospital, Foundation, Volunteers, or its affiliates liable for any damages that could result in my participation of this event.

_____ Signed _____ Date

_____ Parent / Guardian, if under 18 years of age

Checks can be made payable to the Punxsutawney Area Hospital Foundation, 81 Hillcrest Drive, Punxsutawney PA 15767. Register by 10/16/23 to guarantee a shirt. This race will be held rain or shine, no refunds will be given. If you have any questions or need additional information, please contact kdonald@pah.org or by calling 814-938-1827.